

From Troutville's Baker Queen

By Melonie Overfelt



Apple Bread

- 3 cups all-purpose flour
- 2 cups sugar
- 2 teaspoons cinnamon
- 2 eggs, beaten
- 1 teaspoon baking soda
- 1/2 teaspoon vanilla
- 1/2 teaspoon salt
- 1/2 cup vegetable oil
- 1 cup broken walnuts
- 2 cups apples - peeled, cored and coarsely chopped

In bowl combine flour, cinnamon, baking soda, baking powder and salt. Set aside. In large mixing bowl, place oil, sugar, eggs, vanilla and apples. Stir into flour mix. Add nuts and mix. Divide mixture between two greased 8 inch x 4 inch bread pans. Bake at 350° for 40 - 45 minutes or until bread tests done.

Senior Moments

By Lee Minnix

Due to the high volume of voters expected in the November Presidential election, Phyllis Dierschow, Botetourt County Registrar, is encouraging the use of Absentee Ballots not only for Seniors, but also for those who know they will be out of town on vacation or for business. Applications for Absentee Ballots must be submitted in September, so APPLY NOW!! For more information, call the Registrar's office at 473-8235.

It is also important to allow extra time to cast your vote this year. Virginia Code states that once you have checked in at the pollbook and been given a voting entry pass, you must remain in the sight of the Officers of Election. **If you leave, you will not be permitted to return and vote.**



THE POST OFFICE LOBBY TRASH CAN STORY

By Cindy Burks, Postmaster

The other day "Mr. X" was going to the bank. He had a couple of half-empty coffee cups and some empty soda bottles in his car and figured he'd just take them inside the bank and put them in the bank's trash cans. Later he went to the local store and bought a few items. He took them out of their wrappers and put the wrappers in a plastic bag. He was going to the Town Hal, so he figured he'd just throw that trash away inside. There weren't any trash cans in the lobby, so he left the plastic bag on the counter. After lunch from a local fast food restaurant, he went to the school. He ate most of it, but he didn't want the rest of that greasy stuff stinking up his car, so he took it inside the school. Their trash can was full, so he set his trash on the floor beside the can. Then Mr X went to the Post Office. His car ashtray was pretty full, so he pulled into a parking space, opened his door and dumped the cigarette butts out on the parking lot. He went inside and removed his mail from his Post Office box. There was only one piece of mail that he felt he should keep. He looked around for the trash can to throw the rest of his mail in, but there wasn't a trash can in the lobby anymore. **Mr. X wondered why.**

The story above is fiction. Mr X didn't dump trash at the Town Hall or the bank or the school, but he (or she) did dump trash at the Post Office. All of the instances cited above were daily occurrences at the Troutville Post Office. Trash filled the lobby can every day and littered the lobby and parking lot. Some produced horrendous odors; some could be considered hazardous to employees who had to dispose of it. Until surveillance measures could be put into effect, the trash can was removed from the Post Office lobby.

A trash can was recently placed back in the lobby. Misuse will lead to removal of the trash can and/or penalties for anyone failing to comply with United States Rules and Regulations Governing Conduct on Postal Service Property. The rules and regulations apply to all persons entering in or on postal property. They are posted in the glass case in the Troutville Post Office lobby.

Quoteable Quote

"When the winds of change blow, some people build walls and others build windmills."

Chinese Proverb

More About the Kinzie Cannery

By Jan Smith



Since Thurman and Betty Kinzie (my apple orchard angels) moved from Troutville to Pennsylvania, I have depended on another source for some history information about Troutville.

My source informed me that T.D. Kinzie was her paternal grandfather, and he did own in fact own and operate the cannery. He had a seasonal workforce and the tomatoes were all picked and packed by hand. They were grown on the hill next to the cannery, and were more accessible than if they had to be brought in by truck. The family still has one of the Kinzie Buffalo Brand labels that was used on the cans.

Also in the family (and treated with TLC) is the steam whistle used to alert the employees when to start to work, lunch time and "quittin' time".

TRIVIA QUESTION ANSWER:

Childress Motor Company - Roy Childress, Owner

For more information on the "Friends of the Park", contact -

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