



# TROUTVILLE Tidbits



A Community Working ... "Together for Troutville, Inc." (T4T)

www.TogetherForTroutville.com

Volume 1, Issue 5

May 2012

## Together for Troutville, Inc.

Proudly Presents

### Trail Days 2012

Trail Days will be an exciting and fun adventure for all who participate. Together we will celebrate Troutville's designation as an Appalachian Trail Community.

#### Friday, June 1

- **Activities** - 10:00AM to 1:00PM
- **Food** from the Fireman's Grill -10:00AM to 6:30PM
- **Popcorn and Soda** in the Park - 6:30 to 8:00PM
- **Movie** about the Appalachian Trail at 7:00PM
- **Trail Happy Hour and Food** at the Pomegranate - 8:30PM until Midnight

#### Saturday, June 2

- **Hiker's Hustle - 5K Run** -8:00AM to 11:30AM
- **Music** - 11:30AM to 8:30PM
- **Food** - 7:00AM to 8:00PM
- **Trail Happy Hour and Food** at the Pomegranate - 8:30PM until Midnight
- **Farmer's Market** - 8:00AM to Noon (Shelter B)
- **Activities** - in the Park, 10:00AM to 5:00PM
- **Hiking** - on the A.T. - 1:00PM to 3:00PM (Free shuttle service)
- **Trail 101 Instruction Clinics**, hosted by John and Andrea Futrell of Outdoor Trails 10:30AM to 4:30PM in the Park

**Check out the web site for details:** togetherfortroutville.com  
There will be large posters and maps with complete details in the Troutville Town Park. Be sure to bring your own chairs and blankets to the Park, but please **no coolers, food or pets**.

Come out and have two great days in and around our special little town. Join us in the Park, at the Hustle, at the Pomegranate and on the A.T.

A limited amount of space remains for vendors.  
Call 540-529-9532 if you are interested.

### HIKER'S HUSTLE

Welcome to the first annual Hiker's Hustle, a 5K Run to be held during Troutville Trail Days on Saturday, June 2. Pre-Registration is from 8:00AM to 8:45AM the morning of the race. Participants may register ahead by sending their completed form and the \$20.00 registration fee to Together For Troutville, Inc., PO Box 276, Troutville, VA 24175. Everyone participating in the race will receive signature bracelets, an event T-shirt, and race results will be listed of the T4T website. Metals will be awarded to five winners. The award ceremony will be held at 11:30AM after the race. Go to TogetherForTroutville.com for entry forms and complete information about the Hustle.

### TOGETHER FOR TROUTVILLE, INC. CORPORATE SPONSORS

- A.T. Plumbing
- Bank of Botetourt
- Bank of Fincastle
- John Alderson Agency, Inc.
- Lawrence Transportation Systems
- New River Electrical Corp.
- Old Dominion Veterinary Clinic
- Pet Health Clinic
- Pomegranate Restaurant
- Titan America
- Toni Walker - State Farm Agent

T4T is grateful to our generous sponsors who are helping us to hold Trail Days 2012 and allowing us to go forward with other projects. They are truly part of our *Community Working...Together for Troutville*

**THE TIDBITS ARE SPONSORED BY THRIFTWAY FOODS**

# MORE 2012 TRAIL DAY HIGHLIGHTS

## Fun Activities

Various activities will take place from 10:00AM until 1:00PM on Friday, June 1. These will include:

Buffalo Creek Water Testing  
Thru-Hiker Interviews  
Scavenger Hunt

Leave No Trace Behind Skit  
Leave No Trace Behind Games  
"A.T.-opoly" game

## Movie

National Geographic presents "The Appalachian Trail" in the Park from 7:00PM until 8:30PM on Friday, June 1.

## Music, Music, Music

Enjoy great music from the Park Music Stage - 11:30AM until 8:30PM on Saturday, June 2. Performers include:

Haymakertown Express  
Jesse Ray Carter

Friends of Praise  
Surprise Performers

Sam Fotchman  
Joyful Noise

## Children's Activities

Children will have fun in the Park - 10:30AM until 5:00PM on Saturday, June 2. Activities include the same listed for Friday and also these:

Making Bamboo Walking Sticks  
Leaf Prints  
Face Painting

Balloon Animals  
Paper Airplanes

## Trail 101 Instruction Clinics

John and Andrea Futrell of **Outdoor Trails** will host 7 clinics from the Park Gazebo from 10:30AM until 4:30PM on Saturday, June 2. Clinics will include:

Hiking 101

How to Pack a Backpack

Gear 101

Safety and First Aid

Plant and Animal Life

Trail Food 101

Local Places to Visit Near the Trail

## Trail Happy Hour

The Pomegranate will host Happy Hour each night of Trail Days. Great food and beverages will be available from 8:30PM until Midnight. You can access the Pomegranate via the Town Park gate near the caboose.

## Troutville Farmer's Market

The Farmer's Market will be open in the Park in Shelter B - 8:00AM until Noon. The Market has a new manager, Jessica Mowles. She is a Botetourt native, a graduate of Hollins University, and a resident of Troutville. She has worked for the Roanoke Natural Foods Cooperative where she organized and maintained the produce department. She also acquired knowledge of community supported, sustainable agriculture and local agribusiness. Jessica is recruiting vendors for the Market. Interested persons may contact her at 540-529-7324 or at [jessicamowles@yahoo.com](mailto:jessicamowles@yahoo.com)

## APPLE BARN II CELEBRATION

Apple Barn II Gifts is celebrating its 25<sup>th</sup> anniversary on May 5, 2012, from 10:00AM - 5:00PM. This will be **Customer Appreciation Day** and they will feature a big 25% off sale, raffle door prizes, a book signing and more. The money from the raffle will be donated to the Troutville Fire Department and the Troutville Rescue Squad. Raffle tickets are 10 for \$5.00, and customers will receive a free ticket with each \$25.00 purchase. Rachel Nichols, owner, hopes she will see many of her regular customers as well as lots of new folks. Please come and help the Apple Barn celebrate its anniversary. Call 540-992-3551 or go to [www.applebarngifts.com](http://www.applebarngifts.com) for information.

The Apple Barn is the top seller of Cat's Meow collectables in the United States. The store is full of beautiful gifts and everyone who drops by on May 5 is sure to find something special.